

**Hours of Operation**

Monday–Thursday,  
8 a.m.–5 p.m.

Friday,  
8 a.m.–4 p.m.

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## How to Prepare for your MRI

**M**agnetic **R**esonance **I**maging, or MRI, is a diagnostic procedure used to create cross-sectional pictures of the body. MRI produces excellent images of the soft-tissues, bones, joints, blood vessels, breasts, abdomen, pelvis, brain and spinal cord.

We encourage our patients to dress comfortably for the procedure. If this is not possible due to your work schedule, we will have a gown for you to wear. The exam generally takes between 20 and 60 minutes depending on image detail. The technologist will make every effort to make you as comfortable as possible.

### Check List

- Please bring previous X-rays applicable to the exam. The radiologist may want to review them.
- You may eat and drink prior to the exam – unless you are having a scan of the abdomen.
- For abdominal scans, you CANNOT eat or drink for three hours prior to your MRI.
- You may take your usual medication. It is not necessary to stop taking it prior to the exam. In fact, the exam will be much more comfortable if you continue to take your medication as scheduled.
- Because of the strong magnets in the machine, you CANNOT have the exam if you have any of the following:
  - Cerebral aneurysm clips (magnetic)
  - Certain heart valves
  - Cochlear implants
  - Metal filings in the eye
  - Pacemaker
- You will be asked a series of questions concerning your surgical and occupational background. If this history includes metal work (for example, welders, grinders, etc.) or metal implants, please be sure to tell the technologist prior to your exam. Preliminary X-rays may need to be taken.
- Relax and do not worry about the exam. We will make sure that you receive the quality professional care that you deserve.